



Lincoln Elementary Lunch Menu - September 2022

Daily Options:
2 hot options
2 cold options

Extra Extra

9/1 & 9/2: **Local** Raspberries, Cantaloupe, Red/Green Grapes, Local Cucumbers, Baby Carrots, Roasted **Local** Green Beans (Friday)

9/6-9/9: **Local** Watermelon, Apples, Orange Wedges, **Local** Red/Green Pepper Strips, **Local** Grape Tomatoes, Mexican **Local** Street Corn (Friday)

9/12-9/16: **Local** Peaches, **Local** Apples, Bananas, **Local** Yellow Squash Matchsticks, **Local** Broccoli Florets, **Local** Sesame Soy Roasted **Local** Carrots (Friday)

9/19-9/23: **Local** Nectarines, **Local** Apples, **Local** Pears, Celery Sticks, Baby Carrots, Roasted **Local** Summer Squash (Friday)

9/26-9/30: **Local** Apples, **Local** Pears, Orange Wedges, **Local** Red/Green Pepper Strips, **Local** Cucumber Slices, **Local** Autumn Salad (Friday)

Any questions, please contact the Director of Dining Services, Mariah Perez at mariah.perez@compass-usa.com	30	31	1	2
	Cheese Pizza Classic Cheeseburger Yogurt Fun Lunch Turkey and Cheese Sandwich Garden Salad	BBQ Chicken Tenders with Dinner Roll Hot Dog Yogurt Fun Lunch Ham Chef Salad with Dinner Roll Curly Fries	Pasta and Meat Sauce with Dinner Roll Chicken Nuggets with Dinner Roll Yogurt Fun Lunch Turkey and Cheese Sandwich Roasted Local Potato	No School
5	6	7	8	9
	Chicken Patty & Cheese Sandwich Classic Cheeseburger Nacho Fun Lunch Chicken Caesar Wrap Curly Fries	Italian Meatball Sub Hot Dog Nacho Fun Lunch Ham Chef Salad with Dinner Roll Fresh Roasted Italian Vegetables	Popcorn Chicken Bowl with Homemade Local Mashed Potatoes and Garlic Twist Chicken Nugget with Dinner Roll Nacho Fun Lunch Chicken Caesar Wrap Seasoned Corn	National Pizza Day Cheese Pizza Chicken Tenders with Dinner Roll Nacho Fun Lunch Ham Chef Salad with Dinner Roll Marinated Local Tomatoes & Local Cucumber Salad
12	13	14	15	16
Orange Chicken Stir Fry And Asian Brown Rice Crispy Chicken Patty Cereal Fun Lunch Sunny Butter and Jelly Sandwich Roasted Local Broccoli	Primary Election No School	BBQ Pulled Pork Sandwich Hot Dog Cereal Fun Lunch Sunny Butter and Jelly Sandwich Local Corn on the Cob	General Tso's Chicken and Brown Rice Chicken Nugget with Dinner Roll Cereal Fun Lunch Taco Salad with Tortilla Chips Local Green Beans	Cheese Pizza Chicken Tenders with Dinner Roll Cereal Fun Lunch Sunny Butter and Jelly Sandwich Sesame Soy Roasted Local Carrots
19	20	21	22	23
Chicken Parmesan Sandwich Crispy Chicken Patty Ham, Cheese and Grape Fun Lunch Chicken Caesar Salad with Dinner Roll Baked Fries	Macaroni & Cheese with Dinner Roll Classic Cheeseburger Ham, Cheese and Grape Fun Lunch Tuna Sub Roasted Local Broccoli	Local Fish Sticks And Cilantro Lime Rice Hot Dog Ham, Cheese and Grape Fun Lunch Chicken Caesar Salad with Dinner Roll Seasoned Corn	1st Day of Fall Grilled Cheese Sandwich Chicken Nuggets with Dinner Roll Ham, Cheese and Grape Fun Lunch Tuna Sub Roasted Local Carrot Fries	Cheese Pizza Chicken Tenders with Dinner Roll Ham, Cheese and Grape Fun Lunch Chicken Caesar Salad with Dinner Roll Roasted Local Summer
26	27	28	29	30
Breakfast for Lunch French Toast Sticks and Sausage Patties Crispy Chicken Patty Pizza Bagel Fun Lunch Ham and Cheese Wrap Local Home Fried Potatoes	Beef Soft Taco with Salsa and Sour Cream Classic Cheeseburger Pizza Bagel Fun Lunch Grilled Chicken Salad with Dinner Roll Southwest Black Beans	Bacon Cheeseburger Hot Dog Pizza Bagel Fun Lunch Ham and Cheese Wrap Garlic Parmesan Roasted Local Sweet Potatoes	Roasted Turkey with Gravy Homemade Mashed Potatoes and Dinner Roll Chicken Nuggets with Dinner Roll Pizza Bagel Fun Lunch Grilled Chicken Salad with Dinner Roll Roasted Local Green Beans	Chicken Fried Rice Bowl Chicken Tenders with Dinner Roll Pizza Bagel Fun Lunch Ham and Cheese Wrap Roasted Local Broccoli



A variety of fresh, local vegetables and salads will be offered daily.

All items are made with whole grains.
All meals are served with a variety of fruits and vegetables, local when available.
All meals are served with milk (1% low fat white or fat free chocolate.)

Menu is subject to change.
This institution is an equal opportunity provider.